

MY SCLERAL LENS ESSENTIALS

Application & Removal

- DMV Scleral Cup
- DMV Vented Scleral Cup
- EZI Applicator Ring
- See Green Plunger Stand
 - With light
- DMV Ultra Remover
- Other device: _____

Replace plungers every: _____

Clean implements with: _____

Filling Solutions

Preservative-Free ONLY!

- LacriPure
- NutriFill
- Purilens
- ScleralFil
- Preservative-free tears
- _____
- Other: _____

Rinsing Solutions

- Preservative-free saline
- Other: _____

Handling Tips



- Use only moisturizer-free hand soaps
- Place a lint-free towel over your workspace
- Use a rubber catch mat in your sink

Mid-Day Re-Application?

- Every ____ hours
- Only if needed



Remove lenses before using prescription eye drops.

"Rub" Cleaning

- Boston SIMPLUS
- Miraflow
- Tangible Clean
- Unique pH
- Optimum Lobob
- Other: _____

Disinfection/Storage

- Boston SIMPLUS
- Clear Care Triple Action
- Tangible Clean
- Unique pH
- Optimum Lobob
- Other: _____

Disinfection Cases

- Use standard screw-top case
 - Use Clear Care "basket" case
 - Use PROSE disinfection case
- Clean case: _____
- Replace case: _____

My lenses are:

- Coated with Hydra-PEG
- Plasma treated
- Diameter: _____ mm
- Brand: _____



Water Safety Tips

Do not rinse with water.
Remove lenses before showering or swimming.
Never store lenses in water or preservative-free saline.

When not in use:

- Store lenses dry
 - Store lenses wet: _____
- Disinfect lenses before next use!*

NOTES

I should call my doctor's office if: _____

SCLERAL LENS PATIENT INFORMATION

CLEANING, DISINFECTION, AND STORAGE SOLUTIONS



- Solutions are available for purchase in most drug and grocery stores, online, or through some offices.
- Manually rubbing lenses with fingers prior to storage is essential to remove deposits from the lens surface.
- Rinse residual solution off the lens with saline prior to application. Do not use tap water on the lenses.
- Replace the case each time a new bottle of solution is opened (every ~3 months).
- *This solution is not compatible with Tangible Hydra-PEG.

APPLICATION SOLUTIONS



- Solution used to fill lens bowl must be preservative free to avoid toxicity.
- Solutions may be available for purchase by phone, in store, online, or in office.
- LacriPure (Menicon), ScleralFil (Bausch + Lomb), and Nutrifill (Contamac) are FDA approved for scleral use.
- Addipak 0.9% NaCl and Purilens Plus are off-label, but acceptable for scleral use.
- Saline vials should be discarded daily and bottles should be discarded as recommended on bottle or earlier if recommended by your provider.

ADDITIONAL CARE



- Extra strength cleaners can be used if the lenses deposit heavily with lipids (oils) or proteins.
- Cleaners must be rinsed off well with saline prior to lens application.
- These products should not be used on lenses treated with Tangible Hydra-PEG.